

The Inside Out (And Upside Down)

Painting Meets Movement: A Creative Exploration

Join Laura Brenton and Joanna Rotkin September 20th and 21st for an imaginative workshop blending painting and movement. Through guided structures and space for discovery, we'll explore how movement can become visual, and how visual forms can move us. All are welcome - no experience needed, just curiosity.

To learn more about us and our work visit:
LauraBrentonArt.com, JoannaRotkin.com

Retreat Details

Dates: September 20–21

Times:

- Saturday: 10:00 AM – 5:00 PM
- Sunday: 10:00 AM – 4:00 PM

Location: A mountain retreat in Jamestown, Colorado (just outside of Boulder)



What's Included:

All materials provided – acrylic paint, brushes, palette knives, soft pastels, canvas, and paper for painting. (Please bring your own lunch.)

Experience Level:

No prior experience in painting or dance is necessary—just a tender heart and a willingness to explore.

Registration & Pricing

Early Bird (by August 4th): \$275 + \$25 supply fee

Regular (by September 8): \$350 + \$25 supply fee

Workshop limited to 12 participants

To Register:

Venmo Joanna to register and save your spot: @Joanna-Rotkin (last digits of phone if needed: 2212)

Email us for more information:

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